South-Central Early Learning Hub Lake County Community Governance Council Minutes – April 26, 2022

Attendees: Jack Thompson (s), Michael Carter (s), Amy Hutchinson (s), Michael Benson (v), Machel Ramirez, Linda Watson, Heather Freilinger, Tina Aguilar, Chelsea Marnville, Gillian Wesenberg, Cynthia Hurkes, Athena Wikstrom, Danielle Walker, Charlene Shaw, Connie Rosas, Bailey Guido, Vanessa Pingleton,

Please note: The Lake County Community Governance Council meeting was held virtually due to COVID-19 (Coronavirus) concerns.

Triple P Parenting Presentation

Chelsea Maranville with Greater Oregon Behavioral Health, Inc. (GOBHI) presented information on Triple P – Positive Parenting Program. This program is an evidence-based parenting support model designed to scale in communities so that families have easy access to support. Triple P seeks to support all families at the right time, in the right place, with the right amount of support, and meeting the diverse needs of parents.

The program is in multiple countries and has been around for about 40 years. Many years of research shows an impact on:

- Increased positive parenting
- Reduced coercive parenting
- Lower social, emotional, and behavior problems
- Improved parent-child relations
- Decreased parent stress

Research can be found at https://pfsc-evidence.psy.uq.edu.au/.

Triple P utilizes a "not one-size fits all model" and a community-level approach to meet parents where they are, and help de-stigmatize parenting education. Available parenting resources include:

- Brief consults one-on-one on any parenting topic
- General seminars that promote the positive
- One-time, small-group on common topics (ex., bedtime routines)
- Eight-week group courses for more in-depth support
- Groups for parents going through separation or divorce
- Groups for parents with overweight or obese children
- Intensive multi-week one-on-one support
- Support for parents who struggle with their anger or other attributions
- An online course

Parents receive incentives that tie into the listed opportunities, and all opportunities are free to parents. Key aspects of the Triple P Positive Parenting Program are strength-based with a self-regulatory framework where parents determine their own goals. Facilitators use examples that are relevant to the family, offer a variety of parenting strategies, and facilitators help parents make informed choices. Parents learn to build their confidence in strategies and how to set healthy boundaries with their children. For more information on implementation of the Triple P - Positive Parenting program, contact Chelsea Maranville at (541) 314-3189 or by email at cmaranville@gobhi.org or the Implementation Consultant for Triple P America, Courtney Towne at (803) 445-8528 or by email at Courtney.towne@triplepnet.

Kindergarten Readiness Partnership and Innovation (KPI) Activities Discussion

Cynthia Hurkes briefly reviewed the Kindergarten Readiness Partnership and Innovation (KPI) Regional Investment Funding. At the March Lake Community Governance Council, Heidi East McGowan and Cynthia Hurkes heard that Lake County would like a Kindercamp that would bring families together and have a social-emotional aspect. The group also discussed priority populations, geographically isolated families, and English-language learners. PSU surveys would be used to evaluate the Kindercamp.

On June 1, the Regional Governance Council (RGC) will meet and review each county's requests, and decide on strategies for the KPI Regional Investment Funds. Cynthia will provide an update to the Lake Community Governance Council after the RGC meeting so an agreement can be made with partners by the end of June.

South-Central Early Learning Hub Update

The South-Central Early Learning Hub recently received their contract which was back-dated for October 2021. The state is in the process of transitioning from the Early Learning Division (ELD) to the Department of Early Learning and Care (DELC). The ELD has requested multiple deliverables during the transition time, including:

- Data for the upcoming Regional Assessment
- Regional Assessment
- Early Childhood Services Analysis (formerly Early Care and Education Sector Plan), which now includes an equity deliverable
- Systems Strategic Action Plan
- Coordinated Enrollment Plan

The Regional Assessment will be focused on Raise Up Oregon (RUO) Objective 2: Families have access to high-quality (culturally responsive, inclusive, developmentally appropriate) affordable early care and education that meets their needs. Early Learning Hubs are awaiting further instruction and templates from the ELD.

Preschool Promise Request for Applications (RFAs) have not been released. The South-Central Early Learning Hub is accepting applications and documentation from families for the 2022-2023 school year. Once the sites have been selected for Preschool Promise, the Hub will begin placing children into classrooms. The Klamath Family Head Start – Lakeview Preschool Promise site, as well as other Head Start locations and Tribal Preschool Promise sites complete their own processes to enroll children into Preschool Promise programs.

Gillian shared there are a few barriers for Preschool Promise grantees. Hiring qualified teachers/staff for programs so close to the beginning of the school year due to contracting timeframes with the ELD is challenging. Some Preschool Promise grantees shared they have to carry staff expenses out of their personal savings until contracts are executed and can access Preschool Promise funding. This is especially difficult for in-home child care providers.

For programs interested in applying for Preschool Promise when the RFA is released, contact Charlene at our regional Child Care Resource and Referral (CCCR) office, Care Connections & Education, for information and technical support around current Preschool Promise requirements. Charlene.shaw@douglasesd.k12.or.us or (541) 882-2308.

Early Intervention/Early Childhood Special Education (EI/ECSE) Update

Michael Benson will share last year's EI/ECSE county plan with the Lake County Community Governance Council and provide opportunities for the council to give input during the May meeting.

There are currently 18 children on an Individualized Family Service Plans (IFSPs) in Lake County. An additional three children are currently in the evaluation process and they will likely qualify for EI/ECSE services.

Families of children transitioning into kindergarten from EI/ECSE services participate in a transition meeting where EI/ECSE staff gather necessary information from parents and teachers, and develop goals for children and their families. One transition meeting for a student in North Lake has been completed, and one more will be completed mid-May. There are six kindergarten transition meetings planned for Lakeview this week.

One staff member completed an internship with EI/ECSE and is one step closer to becoming a Speech Language Pathologist (SLP).

School District Updates

Lakeview School District #7 – Michael Carter advised that Lakeview School District #7 received a summer school grant for 132 thousand dollars. The district also received a pilot grant for strengthening Mental Health in Education; a collaboration of the Oregon Department of Education (ODE), and Oregon Health Authority (OHA) to support school-based mental health. The grant will offer mental health micro-certifications to staff and students. Michael attended the Oregon Small Schools Association conference last week.

Early Learning Program Updates

Kindergarten Readiness Partnership and Innovation (KPI) – Bailey Guido shared that KPI hosted the last Early Learning Gathering for the school year with 31 attendees including representation from Lake County. There was a panel discussing kindergarten transitions and the importance of social-emotional skills.

The second to last Conscious Discipline training had approximately 90 attendees with 82 response surveys completed. Lake County participation in KPI activities is increasing.

Take Root - Dr. Shauna Tominey presented the topic Creating Compassionate Kids, which had 23 individuals in attendance. Upcoming workshops include the Safe at Home Series about Preventing Sexual Abuse for Children ages 11-17, and a family engagement workshop, Bread in a Bag.

Take Root is planning in-person parenting opportunities in the fall. Bailey has purchased gifts for children and families of children who attend Adel and Plush schools. The gifts are intended to introduce Take Root and their offerings. Take Root is looking to partner with schools so they can be a resource to families. They also hope to host events at schools and hire school staff members to provide child care at events.

Bailey is planning to attend Daly Days by representing KPI and Take Root as well as promoting Community UPLiFT. She is hoping to find a community partner to team up with for the event.

Child Care Resource and Referral (CCRR) – CCRR will be hosting their annual Spring Fling Conference with options to participate either virtually or in-person. The Keynote Speaker, Dr. Kendra Coates, will be presenting about Unlearning - reflective practices and putting new skills into place. The Spring Fling will also deliver tools to support early learning providers who are struggling with upcoming legislation about suspension/expulsion.

Spring Fling registration link:

https://reg.learningstream.com/s_reg/reg_registration_maintenance.aspx?ek=0022-0005-0A46E02ADF424075A13183945C762608

CCRR is in the process of developing an advisory board which will look at best ways to serve child care providers.

Home Visiting Systems Coordination – Community UPLiFT hosted a Klamath and Lake County Lunch and Learn to hear more about Community UPLiFT and our partner organizations. Participants were invited to attend in-person or virtually, two individuals from Lake County attended virtually.

Community UPLiFT is excited to report that referrals are coming in steadily.

Health District Report

Lake District Hospital – Amy reported that the Lake County Local Community Health Partnership (LCHP) is conducting a survey to learn what Lake County residents know about Outback Strong.

Survey link: https://www.surveylegend.com/s/41xx.

Lake District Hospital received funding to reduce vaccine hesitancy. The hospital will be working with health clinics and public health to develop a messaging campaign about the importance of vaccinations.

Lake District Wellness Center – Tina shared that Lake District Wellness Center hired an Intensive Care Coordinator (ICC), an Exceptional Needs Care Coordinator (ENCC), a case manager, and a therapist who will be working with children part time and adults part time. Interviews for their receptionist position are taking place this afternoon. The Clinical Supervisor position will be re-posted as the previously hired supervisor is unable to continue in the position.

Eastern Oregon Coordinated Care Organization – Oregon Coordinated Care Organizations (CCOs) have a new social-emotional health metric. The metric has a four-year plan; this year, CCOs will be reaching out to community mental health providers with a survey to find out where services are provided to 0 to 5-year-olds. Eastern Oregon CCO will host a public meeting in the fall to present on survey findings and feedback session. CCOs know there is a workforce shortage, and finding and retaining mental health staff is challenging.

Next Meeting: May 24, 2022 at 1:00 pm