

# 2018 PartnerSports Camp

Daily Schedule of Activities  
Roseburg, Oregon

## Partners Training Day

July						
Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

"I promise to follow the rules of the games... To be fair.... To be a good sport and to honor my teams!

I will remember to play for fun!

### Thursday July 12, 2018

8:30 - 9:00	Staff Meeting / Volunteers Start Arriving (Conference Room) show youtube videos	
9:00 - 9:15	Camp video playing while people are arriving (Conference Room)	
9:15 - 9:20	Introductions (Conference Room) YMCA – Intro / Values	Ryan Jephson Mike Goetz
9:20 - 9:40	Ice Breaker (Conference Room) -- M&M questions game	Nichole / Susan
9:40 - 10:00	Discussion of Camp Expectations (Conference Room) include campers & partners giving their expectations	Ryan
10:00 – 11:00	Demonstration of Camp Activities / Sports to Partner set-up activities outside & walk through Ice Breaker Game in circle, pass question ball	Staff Dorothy, April, Nichole Nichole / Susan
11:00 - 11:10	Break & Working Lunch (ESD Provided)	
11:10 – 11:30	Learn about Campers and Disabilities -- (Conference Room) *Autism / Sensory / Intellectual / Physical YouTube 4:10 mins <a href="https://www.youtube.com/watch?v=Ezv85LMFx2E">https://www.youtube.com/watch?v=Ezv85LMFx2E</a>	Barb Hofford
11:30 - 12:30	Set-up Tents -- 20' x 20' w/ side walls betw/ bldgs, 20' x 40' in sign-in area - Andy Tables to be ordered from City of Roseburg by Mike; check no watering	
12:30	Parents Pick-Up Partners / Staff assemble cinch bag w/ t-shirt & water bottle, name tags	
1:00 - 3:00	Mandatory USDA Federal Food Guidelines Class at the YMCA	

**DESD**

541-440-4777

Ryan Jephson or Bryan Hinson

rev 6-14-18

**YMCA**

541-440-9622 x206

Mike Goetz

# 2018 PartnerSports Camp

Daily Schedule of Activities

**Monday: July 16, 2018**

July						
Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

9:15 - 9:45	Staff Meeting /	Volunteers Start Arriving	/	Set-up
9:45 – 10:00	Camp Registration / Check-In & Welcome Receive camp shirt, water bottle, cinch bag & schedule			
10:00 – 10:15	Getting to Know Campers & Partners			Nichole
10:15 – 11:00	Group A	Basketball		
	Group B / C	Letter Walk -- make plate/find things or camper/peer partner names		
11:00 – 11:05	Transition – Water Break / Snack			
11:05 – 11:45	Group A	Letter Walk -- make plate/find things or camper/peer partner names		
	Group B / C	Basketball		
11:45 – 12:15	Lunch			
12:15 – 12:30	Group A	Prepare to Swim	12:15 - 1:00	Group B /C Capture the Flag outside
12:30 – 1:15	Group A	Swimming	1:00 – 1:15	Group B /C Prepare to Swim
1:15 – 1:30	Group A	Shower / Dress	1:15 - 2:00	Group B /C Swimming
1:30 – 2:15	Group A	Capture the Flag	2:00 - 2:15	Group B /C Shower/ Dress
2:15-2:20	Group A	Transition – Water Break / Snack		
2:20 - 2:45	Group A/B/C	Group Juggle or get in alphabetical order for picture directory		
		<a href="https://www.youtube.com/watch?v=aLV_psSi_rE">https://www.youtube.com/watch?v=aLV_psSi_rE</a>	same order, faster, 2 more balls, object, faster	
2:45 – 3:00	Come Together for Water Break/ Snack and Closure			under group tent
	<b>Reminder: Bring swimsuit, H2o bottle, cinch bag &amp; wear clean camp shirt!</b>			
3:00	Bus or Parents Pick-Up Campers			

## Daytime Camp Contacts & Phone #:

DESD Ryan Jephson 541-440-4777

YMCA Mike Goetz 541-440-9622 x206

# 2018 PartnerSports Camp

Daily Schedule of Activities

**Tuesday: July 17, 2018**

9:15 - 9:45	Staff Meeting /	Volunteers Start Arriving	/	Set-up
9:45 – 10:00	Camp Check-In			
10:05 – 10:45	Group A	Basketball	Group B / C	Beach Ball Volleyball w/ Badminton Net in grass
10:45 – 10:50	Transition – Water Break / Snack			
10:50 – 11:30	Group A	soccer (Andy)	Group B / C	Basketball
11:30 – 12:00	Lunch			
12:00 – 12:40	Group A	Beach Ball Volleyball w/ Badminton Net in grass	Group B / C	soccer (Andy)
12:40 – 12:45	Transition – Water Break / Snack			
12:45 – 1:00	Group A	Prepare Water Slide	12:45 - 1:30	Group B /C Golf Stewart Park Golf
1:00 – 1:45	Group A	Water Slide	1:30 – 1:45	Group B /C Prepare for water Slide or Slip-n-slide
1:45 – 2:00	Group A	Shower / Dress	1:45 - 2:30	Group B /C Slip-n- Slide or Water Slide
2:00 – 2:45	Group A	Golf Stewart Park Golf	2:30 - 2:45	Group B /C Shower/ Dress
2:45 – 3:00	Come Together for Water Break/ Snack and Closure under group tent <b>Reminder: Bring swimsuit, H2o bottle, cinch bag &amp; wear clean camp shirt!</b>			
3:00	Bus or Parents Pick-Up Campers			

## Daytime Camp Contacts & Phone #:

**DESD**

**541-440-4777**

**Ryan Jephson**

**YMCA**

**541-440-9622 x206**

**Mike Goetz**

# 2018 PartnerSports Camp

Daily Schedule of Activities

**Wednesday: July 18, 2018**

9:15 - 9:45	Staff Meeting /	Volunteers Start Arriving	/	Set-up
9:45 – 10:00	Camp Check-In			
10:00 – 10:05	Camp Gather – Thought for the Day		under group tent	
10:05 – 10:45	Group A	Basketball		
	Group B / C	Taekwondo		
10:45 – 10:50	Transition – Water Break / Snack			
10:50 – 11:30	Group A	Taekwondo		
	Group B / C	Basketball		
11:30 – 11:45	Group Photo			
11:45 – 12:15	Lunch			
12:15 – 12:30	Group A	Prepare to Swim	12:15 - 1:00	Group B Group C
				Capture the Flag Capture the Flag
12:30 – 1:15	Group A	Swimming	1:00 – 1:15	Group B /C
				Prepare to Swim
1:15 – 1:30	Group A	Shower / Dress	1:15 - 2:00	Group B /C
				Swimming
1:30 – 2:15	Group A	Capture the Flag	2:00 - 2:15	Group B /C
				Shower/ Dress
2:15 - 2:20	Transition – Water Break / Snack			
2:20 - 2:45	Group A	Bocce	Group B /C	Flip the Hoop
2:45 – 3:00	Come Together for Water Break/Snack and Closure		under group tent	
	<b>Reminder: Hike Trip on Thursday</b>			
	<b>Bring H2o bottle, cinch bag &amp; wear clean camp shirt!</b>			
	<i>Send note home about bug &amp; tick repellent for Susan Creek hike &amp; week summary</i>			
3:00	Bus or Parents Pick-Up Campers			

**Daytime Camp Contacts & Phone #:**

**DESD**

**541-440-4777**

**Ryan Jephson**

**YMCA**

**541-440-9622 x206**

**Mike Goetz**

# 2018 PartnerSports Camp

Daily Schedule of Activities

**Thursday: July 19, 2018**

July						
Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

9:15 - 9:45	Staff Meeting /	Volunteers Start Arriving	/	Set-up
9:45 - 10:00	Camp Check-In			
10:00 - 10:05	Camp Gather – Thought for the Day		under group tent	
	Hiking Etiquette		* stay on the trail * don't pick flowers/plants * stay with your group * do not throw sticks or rocks	
10:05 - 10:45	Depart for Hike (2 large buses w/ handicap access) Group A on one bus & Group B / C on the other Songs & Bus Games			
10:45 - 11:00	**Both trails will drop off and pick-up at the day use area. Transition – Water Break / Snack			
11:00 - 12:15	Group A	Tioga Segment of the North Umpqua (turn right at river) Trail -- 4 miles or 45 mins in & turn around		
	Group B / C	Susan Creek Falls 2 miles roundtrip All groups find rock to paint for last day craft & write name on it		
12:15 - 1:30	Lunch	All Groups at Susan Creek Day Area -- made to order sandwiches		
1:30 - 2:30	Head back to the YMCA			
2:30 - 2:45	Group A/B/C Filler Games / Bean Bag Toss / Hula Hoops / Bubbles			
2:45 - 3:00	Come Together for Sharing/Water Break/Snack and Closure		under group tent	
	<b>Reminder: No Camp on Friday</b> <b>Monday -- Bring swimsuit, H2o bottle, cinch bag &amp; wear camp shirt!</b>			
3:00	Bus or Parents Pick-Up Campers			

## Daytime Camp Contacts & Phone #:

DESD

541-440-4777

Ryan Jephson

YMCA

541-440-9622 x206

Mike Goetz

# 2018 PartnerSports Camp

Daily Schedule of Activities

**Monday: July 23, 2018**

July						
Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

9:15 - 9:45	Staff Meeting /	Volunteers Start Arriving	/	Set-up
9:45 - 10:00	Camp Check-In / Gather / Thought for the Day			under group tent
10:05 - 10:45	Group A	Taekwondo		
	Group B / C	Basketball		
10:45 - 10:50	Transition - Water Break / Snack			
10:50 - 11:45	Group A	Basketball	10:50 - 11:30	Group B / C Taekwondo
11:45 - 12:15	Group A	Lunch	11:30 - 12:15	Group B / C Lunch
12:15 - 12:30	Group A	Prepare to Swim	12:15 - 1:00	Group B / C Tennis Umpqua Valley Tennis
12:30 - 1:15	Group A	Swimming	1:00 - 1:05	Transition - Water Break
		Zumba (Kim)	1:05 - 1:20	Group B / C Prepare to swim
1:15 - 1:30	Group A	Shower/Dress	1:20 - 2:00	Group B / C Swimming
1:30 - 2:15	Group A	Tennis Umpqua Valley Tennis	2:00 - 2:15	Group B / C Shower / Dress
2:15 - 2:20	Transition - Water Break / Snack			
2:20 - 2:45	Group A	soccer (no skills, play game)	Group B / C	Hula Hoop Frisbee
2:45 - 3:00	Come Together for Water Break / Snack and Closure			under group tent
	<b>Reminder: Groups B / C -- Fishing on Tuesday</b>			
	<b>Group A -- Bring swimsuit, H2o bottle, cinch bag &amp; wear clean camp shirt.</b>			
3:00	Bus or Parents Pick-Up Campers			

## Daytime Camp Contacts & Phone #:

DESD

541-440-4777

Ryan Jephson

YMCA

541-440-9622 x206

Mike Goetz

# 2018 PartnerSports Camp

Daily Schedule of Activities

**Tuesday: July 24, 2018**

9:15 - 9:45	Staff Meeting /	Volunteers Start Arriving	/	Set-up	
9:45 – 10:00	Camp Check-In				
10:00 – 10:05	Camp Gather – Thought for the Day			under group tent	
10:05 – 10:45	Group A	Basketball			
	Group B / C	Six (6) Corners Game			
10:45 – 10:50	Transition – Water Break / Snack				
10:50 – 11:30	Group A	Six (6) Corners Game			
10:50 – 11:35	Group B / C	Leave for Fishing /drive	(1 large bus w/ handicap access)		
11:30 – 12:00	Lunch	11:35 - 2:15	Group B / C	Bowman Pond	
12:00 – 12:35	Group A		Kickball	Prepare to Fish	
				<i>Optimist or S.T.E.P to help Fish</i>	
12:35 – 12:50	Group A		Prepare for Water Park	Lunch	
12:50 – 2:00	Group A		Water Park	Activities	
2:00 – 2:15	Group A		Shower/Dress	Arlene Drury	541-784-6403
2:15 – 2:45	Group A		Battleship	2:15 - 2:45	Group B / C
2:45 – 3:00	Come Together for Water Break / Snack and Closure			under group tent	
	Filler Games				
	<b>Reminder: Group A -- Fishing on Wednesday</b>				
	<b>Group B/C -- Bring swimsuit &amp; beach towel,</b>				
	<b>H2o bottles, cinch bag &amp; wear clean camp shirt.</b>				
3:00	Bus or Parents Pick-Up Campers				

**Daytime Camp Contacts & Phone #:**

DESD  
YMCA

541-440-4777  
541-440-9622 x206

Ryan Jephson  
Mike Goetz

# 2018 PartnerSports Camp

Daily Schedule of Activities

**Wednesday: July 25, 2018**

9:15 - 9:45	Staff Meeting /	Volunteers Start Arriving	/	Set-up	
9:45 – 10:00	Camp Check-In				
10:00 – 10:05	Camp Gather – Thought for the Day			under group tent	
10:05 – 10:45	Group A	Basketball			
	Group B / C	Battleship			
10:45 – 10:50	Transition – Water Break / Snack				
10:50 – 11:30	Group B / C	Basketball			
11:00 - 11:30	Group A	Leave for Fishing /drive	(1 large bus w/ handicap access)		
11:30 - 12:00	Group B / C	Lunch	11:35 – 2:15	Group A	Bowman Pond
12:00 – 12:45	Group B / C	Kickball		Prepare to Fish	
12:45 - 1:00	Group B / C	Prep to Swim		<i>Optimist and/or S.T.E.P to help</i>	
1:00 - 2:00	Group B / C	Swimming (no beach ball) Zumba (Kim)		Fish Lunch	
2:00 - 2:15	Group B / C	Shower / Dress		Activities	
2:15 - 2:45	Group B / C	Battleship	2:15- 2:45	Group A	Leave for YMCA
2:45 – 3:00	Come Together for Water Break / Snack and Closure			under group tent	
	Practice YMCA Song				
	<b>Reminder: Bring H2o bottles, cinch bag &amp; wear clean camp shirt.</b>				
	<b>Painting rocks with acrylic paints -- wear old shoes &amp; shorts</b>				
	<b>Closing Ceremonies / Ice Cream Sundae Party</b>				
	<b>*** Families Invited to Relays &amp; Sundae Party ***</b>				
3:00	Bus or Parents Pick-Up Campers				

## Daytime Camp Contacts & Phone #:

DESD  
YMCA

541-440-4777  
541-440-9622 x206

Ryan Jephson  
Mike Goetz



# 2018 PartnerSports Camp

Daily Schedule of Activities

**Thursday: July 26, 2018**

9:15 - 9:45	Staff Meeting /	Volunteers Start Arriving	/	Set-up
9:45 – 10:00	Camp Check-In /	Camp Gather – Announcements		under group tent
10:00 – 10:05	Announcements	<b>New Groups for the Day -- Red, Blue &amp; Green</b>		
10:05 – 10:45	Group A	Blue	Basketball	<i>note: be careful with all ages playing together</i> (Andy)
	Group B	Red	Craft paint rocks	
	Group C	Yellow	Soccer	
10:45 – 10:50	Transition – Water Break / Snack			
10:50 – 11:30	Group A	Blue	Craft paint rocks	(Andy)
	Group B	Red	Soccer	
	Group C	Yellow	Basketball	
11:30 – 11:35	Transition – Water Break			
11:35 – 12:15	Group A	Blue	Soccer	(Andy)
	Group B	Red	Basketball	
	Group C	Yellow	Craft paint rocks	
12:15 – 12:45	Lunch			
12:15 - 12:45	Set-up Relays	<i>see if Optimist or S.T.E.P will help</i>		
12:45 - 2:00	All Groups	Relays -- Hula Hoop, Obstacle Course, Water Balloons , Swim Noodles Slip-n-Slide		
2:00 - 2:30	Closing Ceremonies with emcee Jack Holland Guests / Thank Yous / Medals / YMCA song			
2:30 - 3:00	Ice Cream Sundaes & Bus or Parents Pick-Up Campers			
3:00 - 4:00	Staff stays to clean-up, take tents down & meet at staff lounge afterwards. <i>see if Optimist or S.T.E.P will help</i>			

Enjoy the rest of your summer and be safe!  
Hope to see you next summer!

# 2018 Calendar

January							February							March							April						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6					1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7
7	8	9	10	11	12	13	4	5	6	7	8	9	10	11	12	13	14	15	16	17	8	9	10	11	12	13	14
14	15	16	17	18	19	20	11	12	13	14	15	16	17	18	19	20	21	22	23	24	15	16	17	18	19	20	21
21	22	23	24	25	26	27	18	19	20	21	22	23	24	25	26	27	28	29	30	31	22	23	24	25	26	27	28
28	29	30	31				25	26	27	28											29	30					

May							June							July							August						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5						1	2	1	2	3	4	5	6	7				1	2	3	4
6	7	8	9	10	11	12	3	4	5	6	7	8	9	8	9	10	11	12	13	14	5	6	7	8	9	10	11
13	14	15	16	17	18	19	10	11	12	13	14	15	16	15	16	17	18	19	20	21	12	13	14	15	16	17	18
20	21	22	23	24	25	26	17	18	19	20	21	22	23	22	23	24	25	26	27	28	19	20	21	22	23	24	25
27	28	29	30	31			24	25	26	27	28	29	30	29	30	31					26	27	28	29	30	31	


  

September							October							November							December							
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	
						1		1	2	3	4	5	6						1	2	3							1
2	3	4	5	6	7	8	7	8	9	10	11	12	13	4	5	6	7	8	9	10	2	3	4	5	6	7	8	
9	10	11	12	13	14	15	14	15	16	17	18	19	20	11	12	13	14	15	16	17	9	10	11	12	13	14	15	
16	17	18	19	20	21	22	21	22	23	24	25	26	27	18	19	20	21	22	23	24	16	17	18	19	20	21	22	
23	24	25	26	27	28	29	28	29	30	31				25	26	27	28	29	30	23	24	25	26	27	28	29		
30																					30	31						

Federal Holidays 2018							
Jan 1	New Year's Day	May 28	Memorial Day	Oct 8	Columbus Day	Nov 22	Thanksgiving Day
Jan 15	Martin Luther King Day	Jul 4	Independence Day	Nov 11	Veterans Day	Dec 25	Christmas Day
Feb 19	Presidents' Day	Sep 3	Labor Day	Nov 12	Veterans Day (observed)		

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**powerUP**  
Bottle - Bash Soccer


Have fun kicking and bowling at the same time!

**What You Need:**

- Soccer ball, play ball or any ball to kick
- 10 "pins" made of household objects: paper towel rolls, stacked toilet paper, or empty laundry detergent bottles filled part-way with water to weigh them down.

**Instructions:**

1. Divide players into two teams - four or more players is best
2. Line up five "pins" for each team, spacing pins two feet apart. The two rows should be at least 30 feet apart.
3. Dribble the ball with feet and pass the ball, trying to knock down opponents' "pins", while guarding your own. There are no boundaries, so players can attach the bottles from any direction.
4. Every time a bottle gets knocked down, the ball changes possession (stealing is also permitted). The first team to knock down all of the other team's bottles wins.



<https://www.youtube.com/watch?v=7JdCY-cdgkl>

awareness

amazing things

And some other ice breakers...

<https://www.youtube.com/watch?v=Mj-dq2Inp4M>

good morning

stop at 2:50

<https://www.youtube.com/watch?v=qsonHTjcnj4>

from your seat

stop 3:15

<https://www.youtube.com/watch?v=388Q44ReOWE>

move & freeze

stop 3:16

<https://www.youtube.com/watch?v=cQ6BPWylueQ>

happy dance

stop 3:55

<https://www.youtube.com/watch?v=ahfBAPENSZQ>

welcome

stop 1:50

<https://www.youtube.com/watch?v=qMmtrCtcDCc>  
field hockey w/ noodles

pool noodle soccer

battle bash soccer

big ball obstacle



